

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.  
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person  
 Robertson, Norman R.  
 P.O. Box 243  
 Main Street  
 Groton, MA 01450  
 USA
2. Issuer Name and Ticker or Trading Symbol  
 Progress Software Corporation  
 PRGS
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year  
 07/31/1999
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
 ( ) Director ( ) 10% Owner (X) Officer (give title below) ( ) Other  
 (specify below)  
 Vice President, Finance and Chief Financial Officer
7. Individual or Joint/Group Filing (Check Applicable Line)  
 (X) Form filed by One Reporting Person  
 ( ) Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Transaction Code	4. Securities Acquired (A) or Disposed of (D) Amount	5. Amount of Securities Beneficially Owned at End of Month	6. Director (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
Common Stock	07/12/99	M	4,613	A \$9.0000		
Common Stock	07/12/99	M	4,613	D \$30.4375		
Common Stock	07/12/99	M	1,248	A \$9.4167		
Common Stock	07/12/99	M	1,248	D \$30.4375		
Common Stock	07/12/99	M	1,639	A \$10.4200		
Common Stock	07/12/99	M	1,639	D \$30.4375	1,955	D

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Director (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Nonqualified Stock Option	\$9.0000	07/12/99	M	4,613	6/01/97 - 08/21/06	Common Stock	4,613	0	D	
Nonqualified Stock Option	\$9.4167	07/12/99	M	1,248	6/01/97 - 03/03/07	Common Stock	1,248	13,305 (3)	D	
Nonqualified Stock Option	\$10.4200	07/12/99	M	1,639	6/01/97 - 05/01/06	Common Stock	1,639	439 (5)	D	
Nonqualified Stock Option	\$20.9375	05/17/99	A	8,000	3/01/99 - 05/17/09	Common Stock	8,000	8,000 (7)	D	

Explanation of Responses:  
 (1) The option vests in equal monthly increments over a 45 month period commencing June 1, 1997.  
 (2) The option vests in equal monthly increments over a 57 month period commencing June 1, 1997.  
 (3) On 8/1/99, options to purchase 831 shares were vested.

(4) The option vests in equal monthly increments over a 48 month period commencing June 1, 1997.

(5) On 8/1/99, options to purchase 439 shares were vested.

(6) The option vests in equal monthly increments over a 60 month period commencing March 1, 1999.

(7) On 8/1/99, options to purchase 800 shares were vested.

SIGNATURE OF REPORTING PERSON

Norman R. Robertson

DATE

08-04-1999