FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OTATELIENIT	05 0114 11050	IN DENIETION	OWNEDOLUB
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

ı	OMB APPRO	JVAL				
	OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MARK MICHAEL				PR	2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]								ck all applica Director	able)	10% Owner		ner	
(Last) (First) (Middle) 14 OAK PARK					3. Date of Earliest Transaction (Month/Day/Year) 11/15/2005								Officer (below)	Officer (give title selow)		Other (s	pecify	
(Street) BEDFORI (City)	O MA			4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Trans. Date				saction				3. Transac	Transaction Disposed Of (D) (Instr. 3, 4 Code (Instr. 5)			d (A) or	or 5. Amount of		Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership	
Common Steel									Code	V	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	nd `4)			(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Date,	Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	is illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisabl		Expiration Date	Title	Amount or Number of Shares					
Nonqualified Stock	\$30.81	11/15/2005			A		10,000		11/15/2005	(1)	11/14/2012	Common Stock	10,000	\$30.81	10,000	0	D	

Explanation of Responses:

1. The options were fully vested and exercisable as of the date of the grant, November 15, 2005.

Remarks:

Michael L. Mark

11/17/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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