FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-0287
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\Box	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
\cup	or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						or Section	n 30(h) of the	Investmer	nt Com	any Act of	1940								
Name and Address of Reporting Person* BYCOFF BARRY N				2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				~			
												A V		la a Lacció					
(Last) (First) (Middle)											_	X Officer (give title below) Other (specify below)							
C/O PROGRESS SOFTWARE CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 01/12/2010								Executive Chairman							
14 OAK PARK DRIVE				W. 12200															
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)							6	6. Individual or Joint/Group Filing (Check Applicable Line)							
BEDFORD	MA	013	730											X Form filed by One Reporting Person					
														Form filed by More than One Reporting Person					
(City)	(State)	(Zip))																
			7	Table I -	Non-Deri	vative Sec	curities Ac	cquired,	, Disp	osed of	, or Bene	ficially Ov	vned						
1. Title of Security (Instr. 3)			Date Ex		Execution Date,		3. Transaction 4. Secur Code (Instr. 8) 3, 4 and		rities Acquired (A) or Disposed Of (D I 5)		ed Of (D) (I	(Instr. 5. Amount of Securiti Beneficially Owned F Reported Transaction		llowing Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial			
			(wonth/Day		(Month/Day/Year)		v	Amount (A) or (D) Pri		Price		(Instr. 3 and 4)		(Instr. 4)		Ownership (Instr. 4)			
Common Stock ⁽¹⁾				01/12/2	010		A		25,	789 ⁽¹⁾	A	\$0	\$0 77,872			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa (Instr. 8)	totion Code S. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities I Derivative Security (Instr. 3 and 4)								9. Number derivative Securities Beneficial Owned Followin	curities (D) or Indirecting (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title			ount or nber of Shares		Reported Transaction(s) (Instr. 4)			

Explanation of Responses:

1. Represents restricted stock units acquired by reporting person pursuant to the Company's 2008 Stock Option and Incentive Plan. Each restricted stock unit represents a contingent right to receive 1 share of common stock. The restricted stock units vest in two equal installments, with the first installment vesting on October 27, 2010 and the second installment vesting on April 27, 2011.

Remarks:

 Stephen H. Faberman, Attorney-In-Fact
 01/14/2010

 ** Signature of Reporting Person
 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see instruction 4 (b)(v).

* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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POWER OF ATTORNEY
Know all by these presents, that the undersigned hereby constitutes and appoints each of James D. Freedman, Vice President and General Counsel of Progress Software (
1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Form 144 Notice of Property.
2. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Forms 3, 4 and 5 in acc
3. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 144, 3, 4 or 5 and
4. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in
The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or
This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not longer required to file Forms 144, 3, 4 and 5 with respect to file Forms 144, 4 and 5 with respect to file Forms 144, 4 and 5 with respect to file Forms 144, 4 and 5 with respect to
IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed this 15th day of July, 2008.
/s/ Barry N. Bycoff
Signature
Barry N. Bycoff
Print Name