FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Name and Address of Reporting Person* GUPTA RAM				2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]						(Check	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
													2		Director			10% Own	
(Last) (F	First)	(Mi	ddle)		Date of Earliest Transaction (Month/Day/Year)					\dashv		Officer (give title I	below)		Other (sp	ecify below)			
C/O PROGRESS SOFTWARE CORPORATION				04/02/2014															
14 OAK PARK DRIVE																			
				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi	6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) BEDFORD MA 01730												X Form filed by One Reporting Person							
BEDFORD M	1A	01	730									Form filed by More than One Reporting Person							
(City) (S	State)	(Zij	D)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)				2. Transact Date (Month/Day	Exec	ution Date,	3. Transaction Code (Instr. 8) 4. Securi 3, 4 and			rities Acquired (A) or Disposed Of (D 5)		d Of (D) (Instr.	D) (Instr. 5. Amount of Securiti Beneficially Owned F Reported Transaction		ollowing Direct (D		ership Form: D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr.	
					(monasba)	(Mon	th/Day/Year)	Code V	' .	Amount		(A) or (D)	Price	(Instr. 3 and		(iiisa: 4)		,	4)
Common Stock				04/02/2	014		M ⁽¹⁾		8,	,125	A	\$13.01		41,335			D		
Common Stock					04/02/2014			S ⁽¹⁾	8,125 D		\$22.2		33,210			D			
Common Stock				04/02/2014		S ⁽¹⁾		10),035	D	\$22.2	23,175				D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac (Instr. 8)	ction Code		f Derivative cquired (A) or (D) (Instr. 3, 4				7. Title and Amount of Securities Derivative Security (Instr. 3 and 4			ng	Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Exp Dat	oiration e	Title		Amount or Number of S	hares		Reported Transaction(s) (Instr. 4)			
Common Stock	\$13.01	04/02/2014		M ⁽¹⁾			8,125	(2)	10/:	15/2015	Com	non Stock	8,125		\$0	0		D	

- Explanation to Responses.

 1. The trading activity reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on February 19, 2014.

 2. Six sixtieths of the option vested on the date of grant, thereafter the option vested in equal monthly increments over a 54 month period commencing on November 1, 2008.

Remarks:

Stephen H. Faberman. Attorney-In-Fact

04/03/2014 Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see instruction 4 (b)(v).

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* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

PUMER	ΩE	ATTORNEY	1

POWER OF ATTORNEY							
Know all by these presents, that the undersigned hereby constitutes and appoints each of James	D. Freedman, Vice President and General Counsel of Progress Software (
1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, c	lirector and/or 10% shareholder of the Company, Form 144 Notice of Prop						
2. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, of	director and/or 10% shareholder of the Company, Forms 3, 4 and 5 in acc						
3. do and perform any and all acts for and on behalf of the undersigned which may be necessary	or desirable to complete and execute any such Forms 144, 3, 4 or 5 and						
4. take any other action of any type whatsoever in connection with the foregoing which, in the	opinion of such attorney-in-fact, may be of benefit to, in the best in						
The undersigned hereby grants to each such attorney-in-fact full power and authority to do and	perform any and every act and thing whatsoever requisite, necessary, (
This Power of Attorney shall remain in full force and effect until the undersigned is no longer	required to file Forms 144, 3, 4 and 5 with respect to the undersigns						
IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed this 29th day of May, 2008.							
	/s/ Ram Gupta						
Signature							
	Ram Gupta						
Print Name							