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# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287
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$\Box$	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>GUPTA RAM</u>			PRGS	Х	Director	10% Owner		
(Last) (First) (Middle)					Officer (give title below)	Other (specify below)		
C/O PROGRESS SOFTWARE CORPORATION			3. Date of Earliest Transaction (Month/Day/Year) 10/15/2009					
14 OAK PARK DRIVE								
			4. If Amendment, Date of Original Filed (Month/Day/Year)		Check Applicable			
(Street)				Line) X	Form filed by One Reporti	ng Borcon		
BEDFORD	MA	01730		Λ	, , ,	°		
					Form filed by More than C Person	ne Reporting		
(City)	(State)	(Zip)						

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities A Disposed Of ( 5)			5. Amount of Securities Beneficially Owned Following Reported	(D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock <sup>(1)</sup>	10/15/2009		A		1,569(1)	Α	\$ <mark>0</mark>	6,360	D	

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Ex		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options <sup>(2)</sup>	\$23.9	10/15/2009		A		5,137		10/15/2009 <sup>(2)</sup>	10/14/2016	Common Stock	5,137	\$ <mark>0</mark>	5,137	D	

#### **Explanation of Responses:**

1. Represents shares of common stock issued to the reporting person under the 2008 Stock Option and Incentive Plan and 2009 Fiscal Year Non Employee Director Compensation Plan for services provided as a director for the second half of the 2009 fiscal year.

2. Represents fully vested options to purchase common stock issued to the reporting person under the 2008 Stock Option and Incentive Plan and 2009 Fiscal Year Non Employee Director Compensation Plan for services provided as a director for the second half of the 2009 fiscal year.

### **Remarks:**

Ram Gupta

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

\*\* Signature of Reporting Person

Date

10/19/2009