FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						or sect	1011 30(11) 01 111	e invesimen	it Comp	any Act of	1940								
Name and Address of Reporting Kane Charles Francis	Person*					2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]								all app	ip of Reporting Pe plicable) Director	,,	o Issuer	10% Own	
(Last) (F C/O PROGRESS SOFTWAR 14 OAK PARK DRIVE	First)	,	iddle)		3. Date of Earliest Transaction (Month/Day/Year) 04/24/2014 Officer (give title below)					Other (spe	ecify below)								
	1A State)	01 (Zi	.730 p)		4. If Amendment, Date of Original Filed (Month/Day/Year) 6. I						ividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)			2. Transact Date (Month/Day	Exec	Deemed cution Date,	3. Transaction 4. Sec Code (Instr. 8) 3, 4 ar		4. Securi 3, 4 and 9	urities Acquired (A) or Disposed Of (E ad 5)		d Of (D) (Instr.	5. Amount of Securit Beneficially Owned I Reported Transactio		ollowing Direct (ership Form: D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr.		
					(WOIIII/Day	(Moi	nth/Day/Year)	Code	v	Amount		(A) or (D) Price Reported Transact (Instr. 3 and 4)			tr. 3 and 4)	(5)	(IIISU. 4)	,	4)
Common Stock					04/24/2	014		M		22,	,500(1)	Α	\$20.79	220.79 91,578 D					
Common Stock				04/24/2014			F		21,	21,396 ⁽¹⁾ D \$		\$21.86		70,182			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Title of Derivative Security (Instr. 3)			4. Transad (Instr. 8)	ction Code	Securities A	lumber of Derivative urities Acquired (A) or posed of (D) (Instr. 3, 4 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A	urities Underlyin and 4)	g	Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisal	ble D	xpiration ate	Title		Amount or Number of Si	Reported					
Stock Option	\$20.79	04/24/2014		M			22,500	04/26/20	007 0	4/25/2014	Common Stock		22,500)	\$0			D	
Explanation of Responses:																			

1. This Form 4 is being filed to report the exercise of a stock option for a total of 22,500 shares by means of a stock swap is a method of exercising a stock option in which the option holder attests to the ownership of enough shares of stock already owned by the option holder to cover the exercise price of the option being exercised. As a result of this stock swap, the Reporting Person acquired ownership of an additional 1,104 shares of common stock.

Stephen H. Faberman, Attorney-In-Fact

04/28/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

DUMED	ΛE	ATTORNE	v

POWER OF ATTORNEY
Know all by these presents, that the undersigned hereby constitutes and appoints each of James D. Freedman, Vice President and General Counsel of Progress Software (
1. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Form 144 Notice of Property Company, Form 144 Notice Office Company, Form 144 Notice Comp
2. execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Forms 3, 4 and 5 in acc
3. do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 144, 3, 4 or 5 and
4. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in
The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or
This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is no longer required to file Forms 144, 3, 4 and 5 with respect to the undersigned is not to file Forms 144, 3, 4 and 5 with respect to the undersigned is not to file Forms 144, 4 and 5 with respect to file Forms 144, 4 and 5 with respect to file Forms 144, 4 and 5 with respect to
IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed this 15th day of July, 2008.
/s/ Charles F. Kane
Signature
Charles F. Kane
Print Name