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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
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1. Name and Address of Reporting Person* IRELAND DAVID G				2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP / MA								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
					PRGS]								x	Officer (Other (s below)		
(Last) (First) (Middle) 14 OAK PARK						3. Date of Earliest Transaction (Month/Day/Year) 12/22/2006								,	lent, Ope	enEdg	e Division	L	
						Amer	ndment, I	Date of C	Driginal F	-iled (Month/Day/Y	ear)		ividual or Jo	int/Group	Filing (Check Appl	icable	
(Street) BEDFORD MA 01730					4. If Amendment, Date of Original Filed (Month/Day/Year)							· · ·	Line) X Form filed by One Reporting Person						
(City) (State) (Zip)														Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) Date (Month/D					Saction Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			n Date,	3. Transaction Code (Instr. 8)		4. Securities Disposed O			Securities Beneficial Owned Fo	5. Amount of Securities Beneficially Owned Following Reported		Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D)	Price	Transactic (Instr. 3 ar	on(s) ind 4)					
Common	Stock												21,3	806		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date e (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		e, 4. T	. Transaction ode (Instr. 8)		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
						_							Amount		Transaction(s) (Instr. 4)				
				Cod	le \	v	(A)	(D)	Date Exercisable		Expiration Date	Title	or Number of Shares						
Stock Option (right to buy)	\$19.25	12/22/2006		D	(1)			60,000	(1)		02/18/2010	Common Stock	60,000	(1)	0		D		
Stock Option (right to buy)	\$23	12/22/2006		A ⁽¹	.)(2)		2,000		(1)(2)		02/18/2010	Common Stock	2,000	(1)(2)	2,00	0	D		
Stock Option (right to buy)	\$19.25	12/22/2006		A ⁽¹	.)(3)		58,000		(1)(3)	02/18/2010	Common Stock	58,000	(1)(3)	58,00	00	D		
Stock Option (right to buy)	\$12.8125	12/22/2006		D	(4)			3,650	(4)		04/02/2011	Common Stock	3,650	(4)	0		D		
Stock Option (right to buy)	\$14.3025	12/22/2006		A	(4)		3,650		(4)		04/02/2011	Common Stock	3,650	(4)	3,65	0	D		
Stock Option (right to buy)	\$13.084	12/22/2006		D	(5)			3,750	(5)		10/09/2011	Common Stock	3,750	(5)	0		D		
Stock Option (right to buy)	\$17.424	12/22/2006		A	(5)		3,750		(5)		10/09/2011	Common Stock	3,750	(5)	3,75	0	D		
Stock Option (right to buy)	\$13.24	12/22/2006		D	(6)			35,950	(6)		08/01/2012	Common Stock	35,950	(6)	0		D		
Stock Option (right to buy)	\$13.5	12/22/2006		A	(6)		35,950		(6)		08/01/2012	Common Stock	35,950	(6)	35,95	50	D		
Stock Option (right to buy)	\$13.24	12/22/2006		D	(7)			6,200	(7)		08/01/2012	Common Stock	6,200	(7)	0		D		
Stock Option (right to buy)	\$13.5	12/22/2006		A ⁽²	:)(7)		2,687		(2)(7)	08/01/2012	Common Stock	2,687	(2)(7)	2,68	7	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/N	ate	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Option (right to buy)	\$13.24	12/22/2006		A ⁽³⁾⁽⁷⁾		3,513		(3)(7)	08/01/2012	Common Stock	3,513	(3)(7)	3,513	D	
Stock Option (right to buy)	\$15.07	12/22/2006		D ⁽⁸⁾			53,750	(8)	02/23/2013	Common Stock	53,750	(8)	0	D	
Stock Option (right to buy)	\$16.99	12/22/2006		A ⁽²⁾⁽⁸⁾		47,500		(2)(8)	02/23/2013	Common Stock	47,500	(2)(8)	47,500	D	
Stock Option (right to buy)	\$15.07	12/22/2006		A ⁽³⁾⁽⁸⁾		6,250		(3)(8)	02/23/2013	Common Stock	6,250	(3)(8)	6,250	D	
Stock Option (right to buy)	\$18.15	12/22/2006		D ⁽⁹⁾			50,000	(9)	05/23/2014	Common Stock	50,000	(9)	0	D	
Stock Option (right to buy)	\$18.75	12/22/2006		A ⁽²⁾⁽⁹⁾		41,667		(2)(9)	05/23/2014	Common Stock	41,667	(2)(9)	41,667	D	
Stock Option (right to buy)	\$18.15	12/22/2006		A ⁽³⁾⁽⁹⁾		8,333		(3)(9)	05/23/2014	Common stock	8,333	(3)(9)	8,333	D	
Stock Option (right to buy)	\$19.25	12/22/2006		D ⁽¹⁰⁾			50,000	(10)	09/26/2014	Common Stock	50,000	(10)	0	D	
Stock Option (right to buy)	\$21.45	12/22/2006		A ⁽²⁾⁽¹⁰⁾		41,667		(2)(10)	09/26/2014	Common Stock	41,667	(2)(10)	41,667	D	
Stock Option (right to buy)	\$19.25	12/22/2006		A ⁽³⁾⁽¹⁰⁾		8,333		(3)(10)	09/26/2014	Common Stock	8,333	(3)(10)	8,333	D	
Stock Option (right to buy)	\$21.86							(11)	11/10/2013	Common Stock	75,000		75,000	D	
Stock Option (right to buy)	\$30.81							(12)	11/14/2012	Common Stock	54,000		54,000	D	
Stock Option (right to buy)	\$23.07							(13)	05/21/2013	Common Stock	30,000		30,000	D	
Stock Option (right to buy)	\$25.01							(13)	09/19/2013	Common Stock	30,000		30,000	D	

Explanation of Responses:

1. These three reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of two replacement options. The option was originally granted on February 18, 2000 and vested in 60 equal monthly increments of 1,000 shares commencing on March 1, 2000.

2. Represents the unexercised portion vesting after December 31, 2004.

3. Represents the unexercised portion vested on or before December 31, 2004.

4. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of a replacement option. The option was originally granted on April 3, 2001 and vested in 60 equal monthly increments of 1,250 shares commencing on March 1, 2001.

5. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of a replacement option. The option was originally granted on October 10, 2001 and vested in 60 equal monthly increments of 1,250 shares commencing on March 1, 2001.

6. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of a replacement option. The option was originally granted on August 2, 2002 and vests in 60 equal monthly increments of 2,396.7 shares commencing on March 1, 2002.

7. These three reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of two replacement options. The option was originally granted on August 2, 2002 and vests in 60 equal monthly increments of 103.3 shares commencing on March 1, 2002.

8. These three reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of two replacement options. The option was originally granted on February 24, 2003 and vests in 60 equal monthly increments of 1,250 shares commencing on March 1, 2003.

9. These three reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of two replacement options. The option was originally granted on May 24, 2004 and vests in 60 equal monthly increments of 833.3 shares commencing on March 1, 2004.

10. These three reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the deemed grant of two replacement options. The option was originally granted on September 27, 2004 and vests in 60 equal monthly increments of 833.3 shares commencing on March 1, 2004.

11. The option vests in 60 equal monthly increments of 1,250 shares commencing on March 1, 2003.

12. The option vests in 60 equal monthly increments of 900 shares commencing on March 1, 2005.

13. The option vests in 60 equal monthly increments of 500 shares commencing on March 1, 2006.

<u>/s/ David G. Ireland</u> ** Signature of Reporting Person 12/27/2006

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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