FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVA
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OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					or	Sec	tion 30(h) of the Ir	nvestmen	it Cor	npany Act of	1940						
1. Name and Address of Reporting Person* MCGREGOR SCOTT A			2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]								(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 14 OAK PARK						3. Date of Earliest Transaction (Month/Day/Year) 12/18/2006								Officer (give title Other (specify below)				
(Street) BEDFORD MA 01730				4. II	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Che Line) X Form filed by One Reporting Form filed by More than One									rting Persor	1			
(City)	(S	State)	(Zip)											Person	cu by Moi	C tricer	One Repor	
		Та	ıble I - Noı	า-Deriv	ativ	e Se	ecuriti	es Acq	uired,	Dis	posed of,	or Bene	ficially	Owned				
1. Title of Security (Instr. 3)			2. Trans Date (Month/I			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)				Acquired (A) or D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D)	Price	Transactio					
Common	Stock													12,000		D		
			Table II -	Derivat (e.g., p	tive uts,	Sec cal	curities Is, war	Acqu rants,	ired, D option	ispo is, c	osed of, o onvertibl	or Benefi e securi	cially (ies)	Owned				
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution Da if any (Month/Day/	Co	4. Transaction Code (Instr.		5. Number of		6. Date Exercisable Expiration Date (Month/Day/Year)		te			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
				Co	de \	v	(A)	(D)	Date Exercisa	te Expiration Date Title			Amount or Number of Shares			ion(s)		
Stock Option (right to buy)	\$12.1875	12/18/2006		D	(1)			10,000	(1)		06/17/2009	Common Stock	10,000	(1)	0		D	
Stock Option (right to buy)	\$14.7475	12/18/2006		A	(1)		10,000		(1)		06/17/2009	Common Stock	10,000	(1)	10,00	00	D	
Stock Option (right to buy)	\$13.24	12/18/2006		D	(2)			16,000	(2)		08/01/2012	Common Stock	16,000	(2)	0		D	
Stock Option (right to buy)	\$13.5	12/18/2006		A	(2)		16,000		(2)		08/01/2012	Common Stock	16,000	(2)	16,00	00	D	
Stock Option (right to buy)	\$15.07	12/18/2006		D	(3)			8,000	(3)		02/23/2013	Common Stock	8,000	(3)	0		D	
Stock Option (right to buy)	\$16.99	12/18/2006		A	(3)		8,000		(3)		02/23/2013	Common Stock	8,000	(3)	8,00	0	D	
Stock Option (right to buy)	\$18.15	12/18/2006		D	(4)			8,500	(4)		05/23/2014	Common Stock	8,500	(4)	0		D	
Stock Option (right to buy)	\$18.75	12/18/2006		A	(4)		8,500		(4)		05/23/2014	Common Stock	8,500	(4)	8,50	0	D	
Stock Option (right to buy)	\$19.25	12/18/2006		D	(5)			8,500	(5)		09/26/2014	Common Stock	8,500	(5)	0		D	
Stock Option (right to buy)	\$21.45	12/18/2006		A	(5)		8,500		(5)		09/26/2014	Common Stock	8,500	(5)	8,50	0	D	
Stock Option (right to buy)	\$21.86								(6)		11/10/2013	Common Stock	8,000		8,00	0	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A) (D) Date Expiration Date Ti		Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				
Stock Option (right to buy)	\$30.81							(7)	11/14/2012	Common Stock	9,000		9,000	D	
Stock Option (right to buy)	\$23.07							(8)	05/21/2013	Common Stock	10,500		10,500	D	
Stock Option (right to buy)	\$25.01							(9)	09/19/2013	Common Stock	10,500		10,500	D	

Explanation of Responses:

- 1. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted and vested fully on June 17, 1999.
- 2. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted and vested fully on August 2, 2002.
- 3. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted and vested fully on February 24, 2003.

 4. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted
- and vested fully on May 24, 2004.

 5. These two reported transactions involved an amendment of an outstanding option, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted
- and vested fully on September 27, 2004.
 6. The option was granted and vested fully on November 11, 2003.
- 7. The option was granted and vested fully on November 15, 2005.
- 8. The option was granted and vested fully on May 22, 2006.
- 9. The option was granted and vested fully on September 20, 2006.

Remarks:

/s/ Scott A. McGregor 12/19/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.